



the commons

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	04-21-25 Scrambled Eggs Breakfast Potatoes Breakfast Meats Fruit & Yogurt Waffles & Hot Cereal Assorted Pastries	04-22-25 Scrambled Eggs Breakfast Potatoes Breakfast Meats Fruit & Yogurt Waffles & Hot Cereal Assorted Pastries	04-23-25 Scrambled Eggs Breakfast Potatoes Breakfast Meats Fruit & Yogurt Waffles & Hot Cereal Assorted Pastries	04-24-25 Scrambled Eggs Breakfast Potatoes Breakfast Meats Fruit & Yogurt Waffles & Hot Cereal Assorted Pastries	04-25-25 Scrambled Eggs Breakfast Potatoes Breakfast Meats Fruit & Yogurt Waffles & Hot Cereal Assorted Pastries
<b>Lunch</b>	Mongolian Beef Jasmin Rice Rotisserie Chicken Roasted Potatoes Tuna Salad  Market Fresh Salad Daily	Grilled Ham & Cheese Grilled Cheese French Fries Chicken Tinga Tacos  Ground Beef Taco Salad  Market Fresh Salad Daily	Smothered Beef Patty Mashed Potatoes Crispy Chicken Sandwich French Fries  Pepperoni Pizza  Market Fresh Salad Daily	Chicken Enchilada Cheese Enchilada Rice & Beans  BYO Pasta Turkey Club Wrap  Market Fresh Salad Daily	Chicken Verde Cruz Mashroom Pilaf Hot Cuben Sandwich French Fries Caprese Salad  Market Fresh Salad Daily
<b>Dinner</b>	Lemon Caper Chicken Garlic Bread  Classic Hot Dogs  Tuna Salad  Chicken Chile Verde	Grilled Chicken Basil Pesto Orzo Grilled Pork Chops Mashed Potatoes  Ground Beef Taco Salad  Cream of Tomato	Cajun Shrimp with Grits Caribbean Chicken Pineapple Rice Mango Habanero Salsa  Pepperoni Pizza  Broccoli Cheese	Creamy Cheddar Mac & Cheese  HIU Chicken Bowl  Turkey Club Wrap  Asian Mushroom Soup	Honey Chipotle Orange Chicken Mashed Potatoes  Four Cheese Ravioli Marinara Sauce  Garden Vegetable

Vegetarian-No Gluten Added-Dairy Free options available at every meal

**Daily**  
 Fresh Fruit, Yogurt, Oatmeal  
 Make Your Own Waffle Station with Fruit Toppings and Syrups  
 Cereal Bar with Whole Milk, Low-fat Milk, Non Fat Milk, Soy Milk  
 Toast Station with Assorted Breads, Peanut Butter, Jellies and Honey  
 Desserts - Muffins, Pastries  
 Beverage Station - Soda Fountain, Tea, Juices, Milk, Coffee



Menu Subject to Change Without Notice.